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## **Early Aquatic Physical Therapy Improves**

When compared with land-based physical therapy, early aquatic physical therapy does not increase the risk of

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wound-related adverse events (risk difference=.01, 95% CI -.05 to .07) and results in improved performance of activities of daily living (SMD=.33, 95% CI=.07-.58, I(2)=0%).

## **Early aquatic physical therapy improves function and does ...**

Early aquatic physical therapy improves

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function and does not increase risk of wound-related adverse events for adults after orthopedic surgery - Kaenz. Meta-analysis the early aquatic physical therapy improves function (pain, edema, strength, and range of motion) in adults after orthopedic surgery. Menu. Pricing.

## **Early aquatic physical therapy**

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When compared with land-based physical therapy, early aquatic physical therapy does not increase the risk of wound-related adverse events (risk difference=.01, 95% CI -.05 to .07) and results in improved performance of activities of daily living (SMD=.33, 95% CI=.07-.58, I<sup>2</sup> =0%).



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Early aquatic physical therapy improves function and does not increase risk of wound-related adverse events for adults after orthopedic surgery: a systematic review and meta-analysis. Archives of Physical Medicine and Rehabilitation

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2013; 94(1): 138-148.

## **Early aquatic physical therapy improves function and does ...**

Early aquatic physical therapy does not increase the risk of wound-related adverse events compared with land-based therapy and can result in improved measures of activity. No

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differences between aquatic and land-based physical therapy were found for pain, edema, strength, ROM, or QOL in the early postoperative period after orthopedic surgery.

### **Early Aquatic Physical Therapy Improves Function and Does ...**

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Early Aquatic Physical Therapy Improves Function and Does Not Increase Risk of Wound-Related Adverse Events for Adults After Orthopedic Surgery: A Systematic Review and Meta-Analysis. 2013: A systematic review and a meta-

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analysis. Finding: The results from this systematic review provide

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Support for safe waterproofing during early post-op aquatic therapy sessions comes from studies and documentation like “Early Aquatic Physical Therapy

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**Early Aquatic Therapy: Safe, Proven Results for Post-Op ...**

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In 2010, Beth was honored with Aquatic Therapy Rehabilitation Institute's Tsunami Spirit award for her contribution to aquatic therapy education. In 2012, she was named Aquatic Therapy Professional of the year. In 2015, the Aquatic Section of the APTA presented Beth with the Judy Cirullo award in recognition of her promotion of aquatic



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## **Aquatic Interventions for the Upper Quadrant | 3635 ...**

This course will discuss the signs that go beyond depression to reveal active suicidal or self-harm risk. We will address the prevalence of suicidality in long term care settings, elevated risks in

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care transitions, steps to improve the comfort and ability to conduct effective interviews and risk assessments, the Baby Boomer cohort effect, and provide clinical tips and resources.

## **Aquatics | Physical Therapy CEUs | PT CEUs ...**

Today, aquatic therapy is used by

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physical therapists and occupational therapists around the world. Aquatic therapy for pain relief provides patients with an ideal environment to gain strength and improve their flexibility – without their regular aches and pains. As far as exercise goes, pool therapy is a low-impact option for pain relief.

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## **A Formal Introduction to Aquatic Therapy - BetterPT Blog**

Early aquatic therapy is extremely beneficial for surgical patients for a multitude of reasons. The buoyancy decreases stress on weight bearing joints by up to 80% and in turn, reduces pain levels. The warm water temperatures allow muscles to relax for

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ease and comfort with stretching.

## **Early Aquatic Therapy Improves Functional Mobility Without ...**

Aquatic therapy, or pool therapy, consists of an exercise program that is performed in the water. It is a beneficial form of therapy that is useful for a variety of medical conditions. Aquatic

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therapy uses the physical properties of water to assist in patient healing and exercise performance.

### **The Benefits of Aquatic Therapy - Verywell Health**

Aquatic Therapy For generations, aquatic therapy has been known to improve movement, strength and

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function, as well as reduce pain. URMC Sports and Spine Rehabilitation, a Program of URMC Orthopaedics & Physical Performance offers an alternative form of rehabilitation that can be used in conjunction with, or prior to, more traditional land-based outpatient therapies.

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## **Aquatic Therapy - UR Medicine, University of Rochester ...**

Leveraging the physical properties of water, aqua therapy provides a primarily non-weight-bearing activity, enabling children with varying levels of mobility to move more freely. Water therapy can help patients improve muscle tone, elevate endurance and cardiovascular



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**Aquatic Therapy - St. Mary's Kids**

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Archives of Physical Medicine and  
Rehabilitation, 94,138-48. 8

**S Academy of Aquatic Physical  
Therapy Fact Sheet The ...**

Aquatic Therapy Aquatic Therapy is an  
excellent complement to Physical  
Therapy, allowing earlier weight bearing  
on an injury and added support during

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exercise. Early weight bearing in the water can improve the healing process, which helps the physical therapist get you back to doing what you love, even faster!

## **Aquatic Therapy - Axis Sports Medicine**

At Action Physical Therapy, our ultimate

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goal is to provide you with quality care through physical therapy and sports medicine. Our experienced staff is committed to helping and healing. Through treatment, evaluations, and attentive care, we will get you on the path to recovery as we assist in attaining your maximum potential.

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