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**Physical Activity
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Medicare Advantage**

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and Supplemental plans can stand out from the pack by incentivizing the Medicare population and rekindling their passion for exercise.

Health Plan Differentiation: The Big Disruptor in Senior Fitness

There's no guaranteed way to avoid dementia. But scientists are finding that a healthy heart makes for a

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healthy brain, based on
a growing body of
research.

Does Exercise Prevent Dementia?

Purpose To explore
physical activity
contexts preferred by
three adult groups at
risk of inactivity: older
adults, those with low
income ... feedback),
provide individualised
instruction on a
suitable ...

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Other Adults

**How, where and
with whom? Physical
activity context
preferences of three
adult groups at risk
of inactivity**

She and her colleagues
have enhanced
physical therapy
instruction at WVU to
emphasize ...
developmental
milestones for children,
how to help older
people stay active—but
it was really just ...

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'Pain is always a perception': Physical therapy can help prevent, treat opioid use disorder

Walking is one of the safest exercises you can do. But walking still comes with some noteworthy risks. Here are the biggest.

The Dangers of Walking for Exercise, Say Top Experts

She and her colleagues

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have enhanced physical therapy instruction at WVU to emphasise ... developmental milestones for children, how to help older people stay active--but it was really just ...

Here's how physical therapy can help prevent, treat opioid use disorder

While early reading proficiency and higher education are essential

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to young people
achieving long-term
quality of life, health is
a key factor in the
quality of life of older
adults. A lack of social,
...

The Two-Way Benefits of Local, Intergenerational Classroom Support

Participants were 92
adults (88 women and
4 men) aged 18 years
or older who met
American College ...

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recommendation for
physical activity [11]
for the previous six
months (that ...

Effects of Lifestyle Physical Activity on Perceived Symptoms and Physical Function in Adults with Fibromyalgia: Results of a Randomized Trial

More solid data are
needed regarding the
application of

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neuromuscular
electrical stimulation
(NMES) in the paretic
hand following a
stroke. A randomised
clinical trial was
conducted to compare
the ...

**A randomised
clinical trial
comparing 35 Hz
versus 50 Hz
frequency
stimulation effects
on hand motor
recovery in older**

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adults after stroke

Q1 2021 Earnings

Call May 5, 2021, 8:00
a.m. ET Contents:

Prepared Remarks

Questions and Answers

Call Participants

Prepared Remarks:

Operator Good

morning. Welcome to
the Waters Corporation
First ...

**Waters Corporation
(WAT) Q1 2021
Earnings Call
Transcript**

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He addresses his rise, his fall and his belief that glory in Tokyo—if he can make the team—will change everything.

Ryan Lochte's Last Try

In the barracks at Lima's Platoon 3241, the first platoon of female recruits ever to train at San Diego, it's "like a hive," as Recruit Training Regiment Commander Col. Matt

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Palma put it -- quiet
but ...

**'They Just Want it
More:' Meet the First
Women to Become
Marines at Recruit
Depot San Diego**

Objective: To compare
the characteristics of
children and
adolescents with
concussive head injury
(CHI) sustained during
organised sports or
other leisure physical
activity ... provided

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with "return ...
Older Adults

**Concussive head
injury in children
and adolescents
related to sports
and other leisure
physical activities**

Q1 2021 Earnings

Call May 4, 2021, 11:00

a.m. ET Contents:

Prepared Remarks

Questions and Answers

Call Participants

Prepared Remarks:

Operator Good day, and
welcome to the

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Cheniere Energy, Inc.
Q1, ...

**Cheniere Energy,
Inc. (LNG) Q1 2021
Earnings Call
Transcript**

Since then, many K-12 students have had to adjust to the difficulties of online instruction ... concerning child mental health and physical activity and parental emotional distress” than ...

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North Dakota left most pandemic decisions up to local control. Alleviating the learning gap will be no different

A professor is working to address opioid misuse in an unconventional way: through physical therapy. She and her colleagues have enhanced physical therapy instruction to emphasize ... how to help older

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'Pain is always a perception': Physical therapy can help prevent, treat opioid use disorder

She and her colleagues have enhanced physical therapy instruction at WVU to emphasize ... developmental milestones for children, how to help older people stay active--but it was really just ...

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